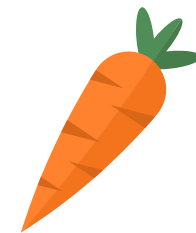




Chebucto Connections

Food Programs Registration Guide



This guide explains how to register and book appointments for our food programs online.

We're moving away from phone-based registration. This guide walks you through our easy online system step by step, with screenshots for every stage.

Our Programs

We offer 4 food programs. Three require registration; one does not.

No registration required:

- Square Roots Market — Every second Saturday, 9am–1pm. Low-cost food, everything for only \$1 per pound!

Registration required:

- Produce Packs — Every second Wednesday. Once per month, individuals or households can receive a free basket of fresh fruit, vegetables, eggs, and bread.
- Community Pantry — Clients can access our pantry for free. It is set up like an online shop, but you get online credits that you can use to "buy" items from our pantry. Items range from pasta and cereal, to toothbrushes and soap. The monthly credits refresh each month, and you can "shop" again.
- Harrietsfield Affordable Food Program — Every second Tuesday. Fresh fruit and vegetable baskets, subsidized cost: \$10 for approx. \$20–25 value.

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Getting Started - Account Registration

2



1

- Begin by making an account:
 - Providing your name
 - Choose a user name (Example: Justin818)
 - Write this down somewhere so you don't lose it.
 - Choose a password you will remember

CHEBUCTO CONNECTIONS
Sign Up

Once you create your account, please login to continue the registration process.
(Passwords must be at least 8 characters long, include both upper and lower case letters, and include at least one number)

First Name *	Last Name *
<input type="text"/>	<input type="text"/>
Username *	Email *
<input type="text"/>	<input type="text"/>
Password *	Repeat Password *
<input type="password"/>	<input type="password"/>

Password Strength: Very Weak (Required Strength: Very Weak) ⓘ

No Password Entered

- Enter a Password

SIGN UP

RETURN TO LOGIN



- You can change the language of the website if you need!

CHEBUCTO CONNECTIONS
Sign Up

Once you create your account, please login to continue the registration process.
(Passwords must be at least 8 characters long, include both upper and lower case letters, and include at least one number)

First Name *	Last Name *
<input type="text"/>	<input type="text"/>
Username *	Email *
<input type="text"/>	<input type="text"/>
Password *	Repeat Password *
<input type="password"/>	<input type="password"/>

Password Strength: Very Weak (Required Strength: Very Weak) ⓘ

No Password Entered

- Enter a Password

SIGN UP

Arabic
Armenian
Burmese
Chinese
English
Español
French
German
Gujarati
Haitian Creole
Hakha Chin
Hebrew



CHEBUCTO CONNECTIONS
Welcome!
Log In To Place Orders, Book Appointments, Or Manage Your Food Program Account.

Username: Password: 

[Forgot Password](#)
[Forgot Username](#)

2

- You will then be asked to log in
- Using the username and password you selected, log in



REGISTRATION DUE

WELCOME TO THE CHEBUCTO CONNECTIONS COMMUNITY PROGRAM REGISTRATION FORM!

Primary Household Member Information

First Name Middle Name Last Name

Gender

Date Of Birth * MM/DD/YYYY 

Contact Information

Email  Phone *

☐ No Fixed Address

Street Address * Unit Postal Code

City County Province

2

3

- Next, fill out all the information about you.

Getting Started - Account Registration

4

Additional Household Members
Please Only Include The Birthdates Of Any Household Members Under The Age Of 18



3

- Next, if you have others in your household, add them (example: Husband, Wife, Sister, Daughter etc).

Document Upload

We Require Proof Of Address In Order To Receive A Produce Pack.

Please Upload A Picture Of Your Lease Or Any Type Of Bill/Paperwork In Your Name In The Field Below.



4

- You must upload a document that proves your address. It can be a power bill, copy of your lease. Anything that shows your name and address

Dietary Information

Indicate any dietary restrictions (please select all that apply):

- Halal
- Gluten-Free
- Vegetarian
- Vegan
- Dairy-Free
- Nut-Free
- Low-Sodium
- Diabetic Friendly
- Allergies (please list below)

Please list allergies, if applicable:

5

- Finish the last questions, and complete the sign up process

Registration Questions

Please Note: If You Do Not Have A Proof Of Address You Will Be Able To Place An Order At This Time, But You Will Need One To Place Your Next Order

Please Bring A Copy With You When You Come To Pick Up Your Order

Eligible postal code FSA's within our service area:
B3P, B3R, B3V, B3N

Do You Have Proof of Address?

Preferred Method of Contact *

Comments / Any additional information we should know

Texting Consent

Texting Consent (If "Text" Is Selected Above):

By selecting Text as your preferred contact method, you agree to receive text reminders from Chebucto Connections about produce pack pick-up dates.

Please sign below to give your consent to be contacted via text:

CLEAR

Booking an Appointment: Produce Packs

- 1 • Sign in to your account

CHEBUCTO CONNECTIONS
Welcome!
Log In To Place Orders, Book Appointments, Or Manage Your Food Program Account.

Username: Password:

[Forgot Password](#)
[Forgot Username](#)

BOOK YOUR APPOINTMENT
Schedule Your Next Produce Pack Pick-Up, Pantry Bag, Or Lunch & Learn Or Workshop Session.

SCHEDULE A VISIT For What Type Of Visit?

- 2 • Use this drop down field to select type of visit. In this case, select Produce Packs

BOOK YOUR APPOINTMENT
Schedule Your Next Produce Pack Pick-Up, Pantry Bag, Or Lunch & Learn Or Workshop Session.

SCHEDULE A VISIT For What Type Of Visit?

Booking an Appointment: Produce Packs



BOOK YOUR APPOINTMENT

Schedule Your Next Produce Pack Pick-Up, Pantry Bag, Or Lunch & Learn Or Workshop Session.

SCHEDULE A VISIT

For What Type Of Visit?

Produce Packs

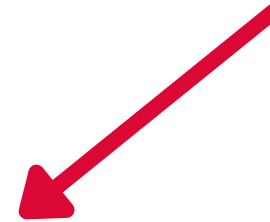
Available Appointments

< September 2026 >

No appointments available for this month at this time.

3

- If you see this, it means that registration is not open yet.
- Registration opens about one week prior to pick up day.
- For example, for on Wednesday September 9th, registration opens the Tuesday September 1st and closes on Wednesday September 2nd.
- If you try to register before that, you will see this window.



BOOK YOUR APPOINTMENT

Schedule Your Next Produce Pack Pick-Up, Pantry Bag, Or Lunch & Learn Or Workshop Session.

SCHEDULE A VISIT

For What Type Of Visit?

Produce Packs

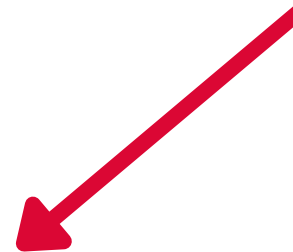
Available Appointments

< September 2026 >

September 9, 2026		Wednesday
12:00pm - 12:30pm		FULL
12:30pm - 1:00pm	8 Slots	+
1:00pm - 1:30pm	10 Slots	+
1:30pm - 2:00pm	10 Slots	+
2:00pm - 2:30pm	10 Slots	+

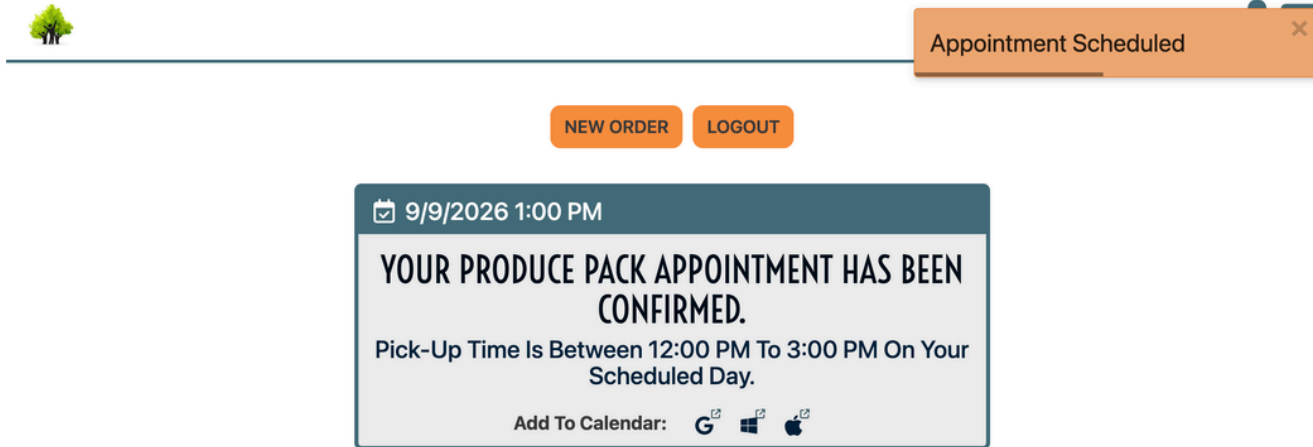
4

- If you are within registration window, you will see this.
- Choose an appointment time to come pick up your produce pack.



Booking an Appointment: Produce Packs

7



5

- Your appointment will be confirmed
- You will receive an email confirmation, as well as an email reminder before your appointment
- If you are not able to come pick it, you must call or email us to let us know, so what we can give the food to another family.

Accessing Our Pantry



1

- Log in to your account using your username and password

CHEBUCTO CONNECTIONS

Welcome!

Log In To Place Orders, Book Appointments, Or Manage Your Food Program Account.

Username:

Password:



LOGIN

LOGIN WITH EMAIL

SIGN UP

[Forgot Password](#)
[Forgot Username](#)



2

- Select Client Choice Pantry

BOOK YOUR APPOINTMENT

Schedule Your Next Produce Pack Pick-Up, Pantry Bag, Or Lunch & Learn Or Workshop Session.

SCHEDULE A VISIT

EXISTING APPOINTMENTS

For What Type Of Visit?

Produce Packs

Client Choice Pantry



Accessing Our Pantry

- 3
- Choose a Day and Time to collect your pantry selection

September 16, 2026		Wednesday
10:00am - 11:00am		5 Slots +
11:00am - 12:00pm		5 Slots +
1:30pm - 2:30pm		4 Slots +
2:30pm - 3:30pm		4 Slots +
September 30, 2026		Wednesday
10:00am - 11:00am		5 Slots +
11:00am - 12:00pm		5 Slots +
1:30pm - 2:30pm		4 Slots +

29:48 Remaining
checkout before then!

18.00

APPOINTMENT
 Wednesday,
 September 16,
 2026 1:30 pm
 EDIT
 CANCEL ORDER

ORDER YOUR PANTRY ITEMS.
 Choose Pantry Essentials And Other Available Items For Your Next Pick-Up.

Soup And Broth (0 / 2)

Tomato Soup 0.50

0 / 2

Chicken Noodle So... 0.50

0 / 2

Cream of Mushroo... 0.50

0 / 2

Vegetable Soup 0.50

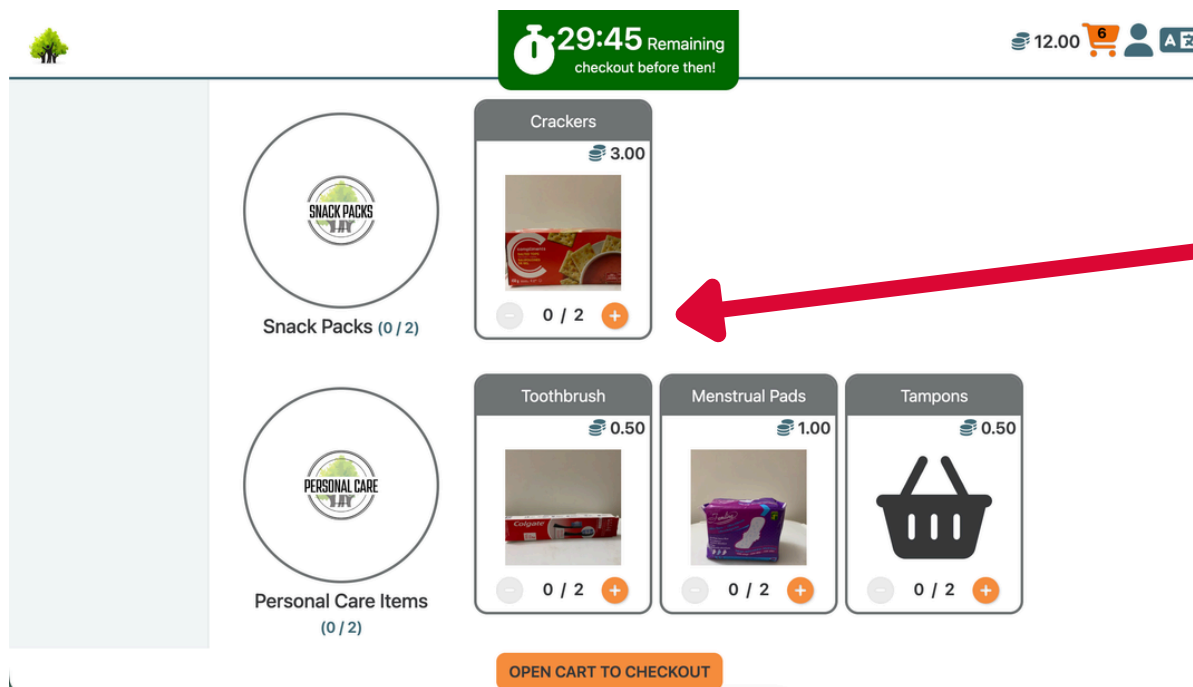
0 / 2

Mushrooms 0.50

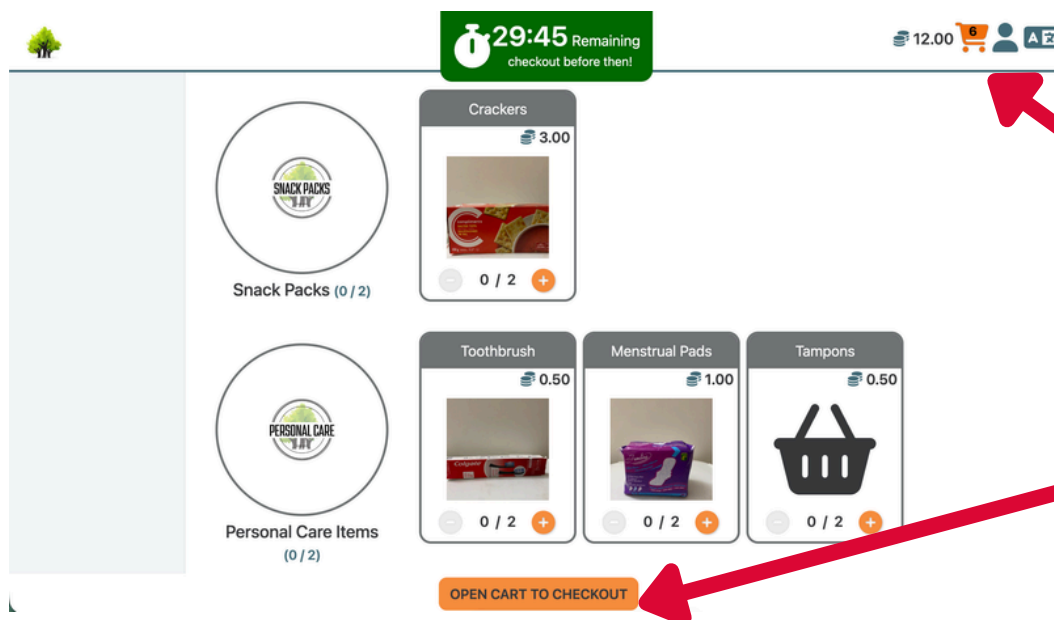
Canned Corn 0.50

- 4
- See this number 18, that is how many credits you have to spend.
 - And each item has an assigned value.
 - example, this canned corn is 0.5 credits
 - Each month your credits refill to 18 and you can access the pantry again

Accessing Our Pantry

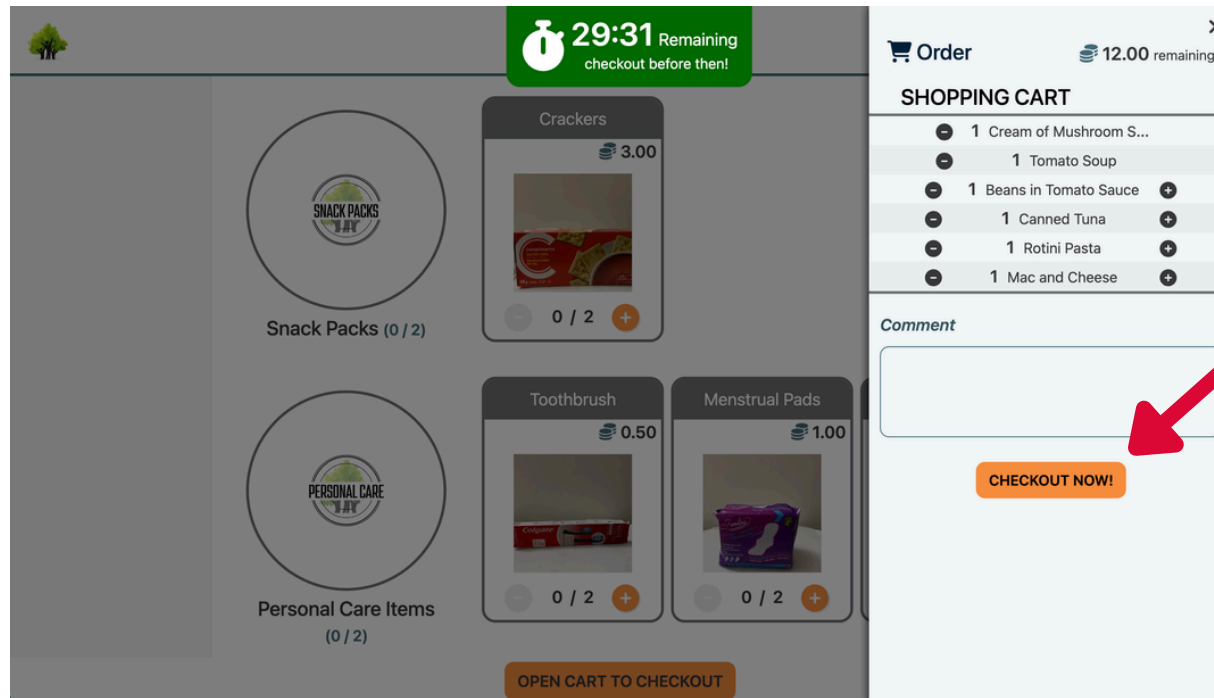


- 5
- To add an Item to your order, click the orange plus button



- 6
- After you are done selecting the items you want, click either the cart icon at the top, or the “open cart to check out” button at the bottom

Accessing Our Pantry



6

- You will see a summary of the items you selected. Click Checkout Now



7

- Your appointment will be confirmed

Harrietsfield Food Program

Every two weeks, we provide low cost food for residents of Harrietsfield/Williamswood

You must live in the area to access, and must register.

We do not use our online system for this, instead, you must email or call/text our Food Coordinator to be put on our list, and then contact each week to register.

Justin@chebuctoconnections.ca or 902-818-6104

Below are examples of how the dates work. Registration one week for pick up the following week.

Registration Days	September 1 & 2
Pick Up	Tuesday September 8th
Registration Days	September 15 & 16
Pick Up	Tuesday September 22nd
Registration Days	September 29 & 30
Pick Up	Tuesday October 6th